



La Cristianita Preschool
35522 Camino Capistrano
San Clemente, Ca 92672
(949) 496-1405



August/September 2018

From the director...

The summer has flown by and we are so excited to be starting the new school year! Within the next couple of weeks, many new faces will be joining us and we are looking forward to seeing those faces who have been gone for the summer. This time of year is so exciting as we look forward to the year ahead – yet for many of you as parents, and for many of our children this time is a bit scary and overwhelming. Every child adjusts to school differently. Some come bounding through the door the very first day, barely wave to Mom and Dad as they leave, and never look back. Others come in glued to a parent's leg, crying from the minute they realized it was a school day, and we have to pry them off you to start the day. Then there are the “honeymooners” – these are the children that do wonderfully the first few weeks and parents think

they have made it through with no problems, then all of the sudden it hits. These are simply the most common forms of separation anxiety – but all children settle in in their own way. Our job is to constantly reassure them. Know that separation anxiety can last for weeks, and some children go through separation phases their whole childhood. They will be OK, especially if we are OK. Encourage them, be positive, be on time, and ask lots of questions. Being involved in their school reassures them that this is a good place to be!

A few helpful hints:

1) Remember to ask specific questions. If you simply ask what they did at school, they will tell you “played”. Instead ask what art project they did or what story the teacher read. For older children, ask what if they talked about the calendar – do they remember the day,

month, and year? Was there a pattern for the calendar numbers and do they remember what the pattern was? Did they cut out their own art and write their own name?

- 2) Check in with your child's teacher frequently. This will help you keep up with what's happening at school as well as form a relationship with your teacher.
- 3) Please read all of the materials we send home! We would hate for you to miss out on fun things by not being informed. Nothing is worse than showing up at school and having your child realize they are not prepared for the day!
- 4) Make sure your child has a nutritious breakfast each morning and if they are staying for lunch – please pack “healthy growing” foods. We ask that no candy come to school and the children prefer fresh items in their lunch box! Last but not least

Continued...

From the director, Cont...

- 5) Please be prompt with your child's attendance! Preschool sessions start at 9:00 and ends at 12:00 (12:30 if your child stays for lunch!) Missing school causes your child to miss out on valuable learning! We understand family vacations, emergencies, and definitely want you to keep them home if they are sick! But please be sure when they are in school that you have them here on time – and always be on time picking them up!! The children start to worry when they are the last one here!

School is such a wonderful experience for all of us! We welcome you and thank you for sharing your families with us! Always remember that we have an open door policy and welcome your comments, questions, or concerns! We look forward to getting to know you all!

Leigh Ann Downie-Economy

Director



Chapel Time...

Chapel is at 11:15am in the sanctuary.

Please feel free to join us on:

August 29

September 4

September 12

September 18

September 26



Dates To Remember...

September 3—NO SCHOOL!

September 11 - CLC Blood Drive

September 12 - PAC Meeting 6:30pm—
Child care provided!

September 18— Grandparents Day Chapel
11:15am

September 26 & 27- School Pictures

In Our Classroom...

As the school year begins, it is time to get to know each other. We will be taking tours of our school, talking about ourselves and our families, and getting to know our teachers and new friends. Many of our classes will begin to learn about the fall season. We will be watching for colors in our world to begin changing, doing lots of neat projects and experiments with apples, and feeling as the weather starts to cool off and the sun goes down earlier. Please check our classroom doors for individual class curriculum and feel free to ask your teacher if you have any questions about our daily happenings.

